

Canteen Trading - 8:20 am - 1pm  
Wednesday, Thursday & Friday

# Hungry Hamptons

## Hampton Park Primary School Canteen Menu

### SANDWICHES

#### Rolls - Add 50c

Buttered	1.00
Vegemite	1.50
Cheese or Egg	2.00
Smashed Egg/ Shredded Lettuce/Mayo	2.50
Ham or Chicken or Tuna	2.50
Salad (Lettuce, Carrot, Tomato, Cucumber)	2.50

### WRAPS

Crumbed Chicken & Salad	4.50
Crumbed Fish & Salad	4.50
Cheese, Lettuce, Carrot & Mayo	3.50
Ham, Cheese, Lettuce, Carrot & Tomato	3.50

#### Extras/ Sides

Salad (Lettuce, Carrot, Tomato, Cucumber)	1.00
Cheese - extra	0.60

### LUNCH BOX - Available Daily

(Choose one of each for the 3 options)

#### Sandwich + Snack + Drink 5.00

1. Ham, Tuna, Cheese, Egg or Vegemite
2. Fresh fruit cup or Veggie Sticks
3. Nudie Juice or Choc Milk

#### Meal + Sml Salad + Fruit Piece 5.00

1. Crumbed Chicken
2. Sml Salad (Lettuce, Carrot, Tomato, Cucumber)
3. Piece of Fruit

### HOT FOOD

Macaroni Cheese (97% fat free)	4.00
Pasta Bake (Ragulletto Sauce and Cheese)	4.00
Hot Chicken & Mayo Roll	4.00
1/2 Hot Chicken & Mayo Roll	2.00
Corn on the Cob	1.50
Crumbed Fish	2.20
Crumbed Chicken	2.50
Lasagna Meat or Veg	4.00

### DAILY SPECIALS

#### Wednesday

Chicken Fried Rice	5.50
Chicken Teriyaki and Rice	5.50
Nachos - tomato salsa, cheese, sour cream	4.00

#### Thursday

Chicken Fried Rice	5.50
Chicken Teriyaki and Rice	5.50
Hotdog	3.00
Chicken Nuggets (4) and potato gems	4.00

#### Friday

Cruiser Pie	4.00
Sausage Roll	3.00
add Tomato Sauce	0.40
Chicken Fried Rice	5.50
Chicken Teriyaki and Rice	5.50

Canteen Trading - 8:20 am - 1pm  
Wednesday, Thursday & Friday



# Hungry Hamptons

Hampton Park Primary School  
Canteen Menu

Canteen Manager: Sam Barrett  
Phone Number: 9276 3044  
Email: [Canteen@hppspandc.org.au](mailto:Canteen@hppspandc.org.au)

## RECESS

Brownes Minis Yoghurt Pouch (Strawberry or Vanilla)	2.00
Cheesies	.80
Watermelon Fruit Cup (pre-order daily)	1.50
Fresh Fruit Cup (pre-order daily)	1.50
Pikelets 2 per serve - with or without butter	1.00
Veggie Sticks Carrot & Cucumbers with low fat cream cheese	1.20
Cheese and Crackers	1.20
Mini Pizza (cheese, raguiletto sauce)	1.00

## TOASTIES

One Filling	2.70
Two Fillings	3.00
Three Fillings	3.20

## FILLINGS

Ham, Cheese, Tuna, Cheese, Baked Beans, Egg,  
Pineapple, Tomato, Mayonnaise, Tomato  
Sauce

## SALAD

Super Salad Box - lettuce, carrot, tomato, Cucumber, French or Italian Dressing	3.50
<b>Extras</b>	1.00
- Ham, Tuna, Chicken, Egg, Cheese	

## SWEET TREATS (After Lunch)

Slinky your own apple	0.20
Apple Slinky	0.80
In Season Fruit (each)	0.80
Popcorn	0.50
Frozen Fresh Fruit slice (each)	0.30
Watermelon, Pineapple Rings	
Twister Frozen Yoghurt	2.00
Choc Vanilla, Strawberry Vanilla, raspberry coconut & watermelon mango	
Scooby Doo Milk Ice	1.50
Lollies - Chocolate, Banana & Caramel	

## DRINKS

Up & Go 200ml	2.50
Choc, Vanilla, Strawberry	
Nudie Kids 100% Juice 250ml	2.00
Apple, Tropical (can be frozen)	
Bottled Water 600ml	1.20
Masters Choc Chill 200ml	2.00
Masters Strawberry Milk 200ml	2.00
HiLo Milk 225ml	1.50